FACULTY

William J. Hanney, *PT, PhD, ATC/L, CSCS, MTC* is a clinician, researcher and educator who currently serves as an instructor at the University of Central Florida School of Physical Therapy where he teaches and conducts clinical research. Additionally, he maintains a clinical practice at Brooks Rehabilitation. His clinical practice focuses on the treatment of orthopedic conditions with a special interest in core stabilization and muscular control. He is an experienced educator, clinician and author having presented/published nationally in the areas of biomechanics, rehabilitation and sports medicine. Dr Hanney maintains involvement in the APTA, the National Strength and Conditioning Association, The American Academy of Orthopedic Manual Physical Therapists and the National Athletic Trainers Association.

Trevor Hicks, *PT, DPT, OCS*, is an orthopedic clinical specialist that currently practices in the outpatient setting, working mainly with orthopedics and neurological injuries, but also has experience in acute care and IP rehab settings. He currently manages a clinic in Winter Park, FL, for Advent Health and is focused primarily on orthopedic injuries of the upper and lower quarters, both surgical and non-surgical. He is an experienced APTA CCIP with 7+ years of experience mentoring others. His clinical expertise consists of a strong manual therapy background with experience in many schools, including NAIOMT, Maitland, and EIM. as well as experience with the FMS and SFMA systems to increase diagnostic accuracy. His main focus is on clinical quality and helping his healthcare system work toward more standardized care to improve patient outcomes through the use of evidence-based practice and clinical expertise.

Steven J. Balogh, *DPT, CMPT, CSCS* is a clinician, educator, and private practice owner of B Physical Therapy. He is a Certified Manual Physical Therapist (CMPT) through the Florida Institute of Orthopedic Manual Physical Therapy and a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association. In addition to owning B Physical Therapy, he also serves as a Courtesy Associate Professor in the Physical Therapy program at the University of Central Florida. His clinical expertise encompasses manual therapy, pain management, sports injuries, spine disorders and injury prevention.

DATES & LOCATIONS

May 3/4 — **Seattle, WA**
NWRTW

2026

June 6/7 — **New York, NY (Garden City)**
Metro Physical Therapy

AUDIENCE

This is an ***introductory level*** workshop designed for **OTs, OTAs, PTs, PTAs and ATs.**

NOTE: *Nothing in this course is to enable or permit the learner to apply techniques outside of the scope of practice in their individual state and discipline.*

CANCELLATION POLICY

POLICY: Registration fee less a **$75** administrative charge is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNI is NOT responsible for registrants non-refundable airfare, accommodations or fees.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT, AT and Assistants.**

Therapy Network, Inc. (BOC AP#: P2563) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 15 Category A Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Therapy Network Seminars is an AOTA Approved Provider of professional development **(Provider #3073)**. This live/hands-on seminar is offered at 15 contact hours/1.5 CEUs. Introductory level, OT Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA or indicate AOTA approval of a certification or other professional recognition.

AOTA American Occupational Therapy Association Approved Provider

boc

PT

MANUAL THERAPY OF THE UPPER EXTREMITY

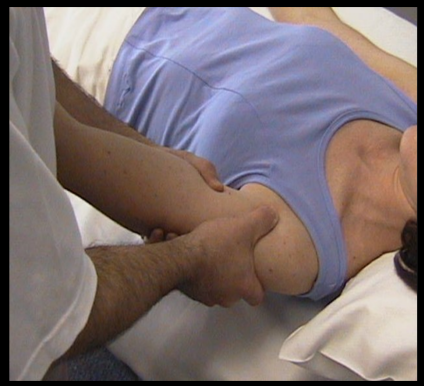
JOINT & SOFT TISSUE MOBILIZATION

FACULTY

William J. Hanney
PT, PhD, ATC/L, MTC, CSCS

Trevor Hicks
PT, DPT, OCS

Steven J. Balogh
DPT, CMPT, CSCS



THERAPY **NETWORK** SEMINARS

www.TNSeminars.com

OBJECTIVES

1. Identify the anatomical and biomechanical foundations for manual therapy in the upper extremity.
2. Perform joint mobilizations to the shoulder girdle, elbow and wrist.
3. Perform soft tissue mobilizations to the shoulder girdle, elbow and wrist.
4. Be able to instruct and perform functional exercises to reinforce applied manual therapy techniques for the shoulder girdle, elbow and wrist.
5. Demonstrate correct grading and oscillation techniques for joint mobilization
6. Identify precautions and contraindications for using manual therapy.

SEMINAR DESCRIPTION

Injuries to the upper extremity cause impairments that often contribute to significant disabilities and functional limitations. Rehabilitation professionals who properly apply manual therapy techniques and exercises are giving their patients the best opportunity to rehabilitate their injuries. This two day course will enable the participant to understand the role of manual therapy in rehabilitation of the upper extremity and apply manual and exercise techniques appropriately. The interaction between the instructor and participant is the foundation for an active learning environment. The course will provide the optimal continuing education experience equipping the participant to apply these techniques immediately when they return to the clinic. Additionally, they will be able to use the anatomical, biomechanical, and neuromuscular basis to further develop their manual therapy skills.

PARTICIPANTS COMMENTS

"My 3rd manual therapy course and finally someone got it right. Great mixture of lecture and lab. Instructor was so approachable and made himself available to everyone. Will highly recommend"

"Demo-Practice, Demo-Practice… hands on was invaluable. Thank you so much for enhancing my practice skills. Awesome"

"Labs were outstanding. Instructor approachable and in touch with class needs and learning styles"

COURSE SCHEDULE

SATURDAY

8:00	Registration and Continental Breakfast
8:30	Evidenced Based Practice Muscular Imbalances and Joint Dysfunction
9:00	Anatomy and Biomechanics of the Shoulder Girdle Video of Shoulder Motion
9:45	**LAB:** Shoulder Palpation
10:00	**BREAK**
10:15	Evaluation
10:30	Principles for Manual Therapy: -Shoulder Impairments that may respond to Manual Therapy -Precautions and Contraindications -How to Start and How to Finish -Joint Mobilization -Soft Tissue Mobilization
12:00	**LUNCH (on your own)**
1:00	**LAB:** Manual Techniques for the Shoulder Girdle and Related Exercises Glenohumeral Joint AC Joint SC Joint Scapular Thoracic
3:15	**BREAK**
3:30	**LAB:** Manual Techniques for Shoulder (cont)
5:00	Clinical Pearls
5:30	Adjourn

SUNDAY

8:00	Soft Tissue Techniques and Exercises for the Shoulder Girdle
10:15	**BREAK**
10:30	Anatomy and Biomechanics for the Elbow, Wrist and Hand
11:45	**LAB:** Elbow, Wrist and Hand Palpation
12:00	**LUNCH (on your own)**
1:00	**LAB:** Manual Techniques and Exercises for the Elbow and Wrist
3:00	Break
3:15	**LAB:** Manual Techniques and Exercises for the Hand
4:00	Case Studies
5:00	Adjourn

REGISTRATION

Manual Therapy

Please note the course location you are attending:

***** _____

Bring a Buddy Registration: $495 p/p
(No Deadline) Must be done simultaneously

Early Registration: $545
Postmarked **30 days** prior to date of course

Late Registration: $595
Postmarked within 30 days of course date

4 WAYS TO ENROLL

BY MAIL Mail registration and payment to:
Therapy Network, Inc.
168 Twisted Trail
Waynesville, NC 28786

BY PHONE **1.828.452.0068**

BY FAX **SECURE DIGITAL**
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ON-LINE **www.TNSeminars.com**

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PT PTA AT OT OTA

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