#### **FACULTY**

illiam J. Hanney, PT, PhD, ATC/L, CSCS, MTC is a clinician, researcher and educator who currently serves as an instructor at the University of Central Florida School of Physical Therapy where he teaches and conducts clinical research. Additionally, he maintains a clinical practice at Brooks Rehabilitation. Dr. Hanney earned his undergraduate degree from the University of West Florida for studies in Sports Medicine/Athletic Training and his Master and Doctor of Physical Therapy degrees at the University of St. Augustine for Health Sciences. He recently earned his Ph.D. at Nova Southeastern University with research interests in the treatment of cervicogenic pain. His clinical practice focuses on the treatment of orthopedic conditions with a special interest in core stabilization and muscular control. He is an experienced educator, clinician and author having presented/published nationally in the areas of biomechanics, rehabilitation and sports medicine. Dr Hanney maintains involvement in the APTA, the National Strength and Conditioning Association, The American Academy of Orthopedic Manual Physical Therapists and the National Athletic Trainers Association.

#### **EDUCATIONAL CREDIT**

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT**, **OT**, **AT and Assistants**.

Therapy Network, Inc. (BOC AP#: P2563) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 15 Category A Category hours/CEUs. ATs should claim only those hours actually spent in the educational program

**AOTA** Approved Provider of Continuing Education # 3073 The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA

#### **DATES AND LOCATIONS**

Nov. 21/22 New York (Garden City), NY Metro Physical Therapy

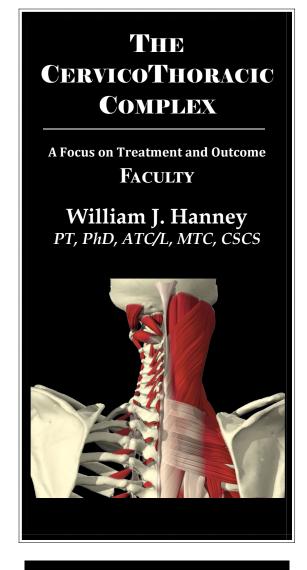
# **AUDIENCE**

This is an *intermediate level* workshop for **PTs**, **PTAs**, **OTs**, and **ATs**.

NOTE: Nothing in this course is to enable or permit the learner to apply techniques outside of the scope of practice in their individual state and discipline.

## **CANCELLATION POLICY**

**POLICY:** Registration fee less a \$75 administrative charge is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is NOT liable for registrants non-refundable airfare, accommodations or fees.



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# **OBJECTIVES**

Identify relevant clinical cervicothoracic anatomy to facilitate evaluation and treatment of patients with neck pain.

Identify the most common clinical presentations associated with the cervicothoracic pain.

Identify examination findings associated with the most common cervicothoracic pain clinical presentations.

Identify treatment progressions based on clinical presentation and how to progress/regress treatment.

Demonstrate treatment procedures for a given clinical presentation.

Identify how treatment pathways may be altered for unique clinical situations in those with cervicothoracic pain.

## **SEMINAR DESCRIPTION**

Neck pain leads to significant disability and limits functional abilities for patients at all levels. Treatment approaches can often be confusing due to dogmatic classification systems. which can be overly complicated and difficult to apply in a clinically meaningful way. However, patients with regional disorders often present with similar clinical presentations. These clinical presentations can often guide clinicians towards the best treatment options.

This course is designed to be eclectic in its delivery to best suit the needs the busy clinician. Treatment approaches are organized based on categories that are consistent with how patients that report neck pain are likely to present. Clinical presentations such as chronic neck pain, radiculopathy, traumatic onset, asymmetric movements, headache or myofascial pain are common in clinical practice. This course will provide treatment options in a multimodal context that are grouped to address the most common clinical presentations. Finally, treatment approaches are organized in a logical way providing examples of how the treatments could be integrated.

# **PARTICIPANTS COMMENTS**

"Great EBP foundation - manual very detailed for future reference"

"Excellent speaker - sensitive to the various expertise levels in the class - down to earth, approachable and knowledgeable"

"In 25 yrs of clinical practice, easily one of the best con ed courses I have attended. thanks"

"Excellent instructor - one of the best I've had !!"

#### COURSE SCHEDULE

Clinical Anatomy  Break  Outcomes for cervicothoracic disorders Clinical presentation; clinical pathways  LUNCH (on your own) Clinical Decision Making Chronic Neck Pain  Demonstration and Practice Lab  Break  Radiculopathy/Referred Arm Pain  Demonstration and Practice Lab		
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Chronic Neck Pain  Demonstration and Practice Lab  Break  Radiculopathy/Referred Arm Pain		
Demonstration and Practice Lab Break Radiculopathy/Referred Arm Pain		
Break Radiculopathy/Referred Arm Pain		
Radiculopathy/Referred Arm Pain		
Demonstration and Practice Lab		
Q/A and Adjourn		
Day Two		
Acute/Traumatic Onset of neck pain		
Demonstration and Practice Lab		
Break		
Asymmetric motion		
Demonstration and Practice Lab		
LUNCH (on your own)		
Cervicogenic Headache		
Demonstration and Practice Lab		
Break		
Myofascial Pain		
Demonstration and Practice Lab		
Q/A and Adjourn		

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