

FACULTY

JOHN DEAN, MPT, SCS, ATC, LAT is beginning his eleventh year as the Director of Rehabilitation with the University of Tennessee Sports Medicine staff. Dean is a board-certified clinical specialist in sports physical therapy and provides rehabilitation services for UT student athletes. He has more than a decade of experience working in college football. Dean helped to develop and implement comprehensive concussion management plans at three Division I programs including Southern California, Florida, and Tennessee. Prior to coming to TN, Dean worked as an athletic trainer with the University of Florida Gators' football team and was a staff athletic trainer at Southern California, working with the football and baseball programs, including the Trojans' 2003 and 2004 national champion football teams. In 2012 Dean was selected by the United States Ski and Snowboard Association to assist in providing sports medicine coverage for the U.S. men's alpine ski team. Dean is an experienced clinician and educator. He has been an instructor at a number of continuing education courses and professional workshops, including manual therapy techniques, joint mobilization, and proprioceptive neuromuscular facilitation. He is currently the course instructor for Kinesiology 335, Techniques in Athletic Training at UT. At UF he was an instructor in the Applied Physiology and Kinesiology Department, teaching a course in rehabilitation. Dean completed his Master's degree in physical therapy at the University of North Carolina, Chapel Hill. Dean is active in the National Athletic Trainers' Association and the American Physical Therapy Association and has been an invited speaker at numerous regional and national conferences. He previously served on the professional education committee of the Tennessee Athletic Trainers Society.

PARTICIPANTS COMMENTS

"Best course I have been to in a long, long time"

"Excellent - with good application to all populations"

"Excellent Speaker! - easy to follow for all levels and respectful to all disciplines"

"Awesome! - I really got a lot out of this course."

"Great course - Hands on was Great"

2019 DATES AND LOCATIONS

May 18/19 **Hartford, CT**
Connecticut Childrens Medical Ctr

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates.

AUDIENCE

This is an **intermediate level** workshop for **PT, PTA, OT, OTA, and ATs** **NOTE:** *Nothing in this course is to enable or permit the learner to apply techniques outside of the scope of practice in their individual state and discipline.*

CANCELLATION POLICY

POLICY: Registration fee less a **\$75 administrative charge** is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is NOT responsible for registrants non-refundable airfare, accommodations or fees.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT AND ATs**.

BOC Board of Certification, Inc. Approved Provider # P-2563

AOTA Approved Provider of Continuing Education # 3073
The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA

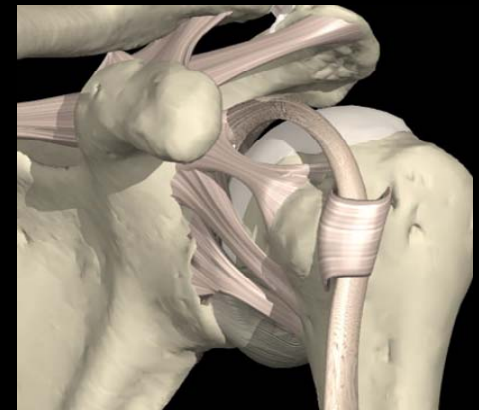


THE SHOULDER COMPLEX

EVALUATION & TREATMENT

FACULTY

John Dean
MPT, SCS, ATC, LAT



THE THERAPY NETWORK SEMINARS

www.TNSeminars.com

OBJECTIVES

Participant will be able to:

1. Identify evidence supported treatment techniques used in shoulder rehabilitation
2. Perform modified examination techniques and "special test" based upon history, screening and stage of the condition e.g. acute vs chronic
3. Identify and demonstrate various treatment techniques to facilitate the rehab process post RCD, Labral Injuries and total/hemi arthroplasty.
4. Perform basic and advanced mobilization and other manual therapy techniques to help facilitate normal recovery.
5. Demonstrate appropriate exercise prescription and dosing based on the stage of the condition and the recovery process.

SEMINAR DESCRIPTION

Successful evaluation and treatment of the shoulder complex entails an accurate understanding of its normal and abnormal anatomy, pathomechanics and biomechanics. Treatment of the shoulder can be complex and confusing based upon the multitude of approaches that exist. By utilizing a systematic approach, therapists and athletic trainers may focus on a problem-solving basis to accurately and successfully evaluate patients with a variety of shoulder conditions. Included in this two-day workshop is an overview of the most common orthopedic conditions in which therapeutic intervention is indicated, evaluation and treatment schemes to promote successful outcomes and significant lab time. Attendees will further their development involving effective evaluation and treatment (surgical as well as non-surgical); including differential diagnosis, manual therapy, exercise prescription and evidence supported treatment techniques for the shoulder proper.

COURSE SCHEDULE

SATURDAY

8:00 Continental Breakfast and Registration
8:30 Functional Shoulder Complex Anatomy
10:15 BREAK
10:30 Functional Shoulder Complex Biomechanics
11:00 Orthopedic Shoulder Complex Evaluation and Demonstration
12:00 LUNCH (ON YOUR OWN)
1:00 Evaluation Practice
1:45 Joint Mobilization of the Shoulder Complex (Basic and Advanced techniques)
2:30 Joint Mobilization Lab
- Small group work
3:15 BREAK
3:30 Common Pathologies of the Shoulder Complex and their management
- Impingement Syndrome
- Rotator Cuff Dysfunction
5:30 Adjourn

SUNDAY

8:00 Common Pathologies Cont.
-Glenohumeral hypermobility/Instability
-Labral Injuries
-Adhesive Capsulitis and Loss of ROM
10:00 BREAK
10:15 Continuation of Shoulder Complex Conditions
-Arthroplasty (Total, Hemi and Reverse)
-Biceps Injuries
-Fractures
12:00 LUNCH (ON YOUR OWN)
1:00 Evidence Based Concepts of Rehabilitation Treatment
1:30 Advanced Manual Therapy Techniques
Lab Practice Time (small group practice)
2:30 BREAK
2:45 Therapy Techniques Cont.
4:00 Exercise Prescription
5:00 Adjourn

REGISTRATION

Shoulder Complex

Please note the course location you are attending:

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Bring a Buddy Registration: \$395 p/p

(No Deadline) Must be done simultaneously

Early Registration: \$445

Postmarked 30 days prior to date of course

Late Registration: \$495

Postmarked within 30 days of course date

4 WAYS TO ENROLL

BY MAIL

Mail registration and payment to:

Therapy Network, Inc.
217 Paragon Pkwy, #201
Clyde, NC 28721

BY PHONE

1.800.785.1855

BY FAX

SECURE DIGITAL

928.222.0578

(Credit Cards Only)

ON LINE

www.TNSeminars.com

Name: _____

PT PTA AT OT OTA

Home Add: _____

City: _____ State: _____

Zip _____

Cell Ph: _____

Email: _____

To Receive your Confirmation
Make check/money order payable to:
Therapy Network, Inc.

Charge my credit card: VISA MC AMEX DISC

CC # _____/_____/_____/_____

Expiration Date: ____/____/____ CV2 _____

Signature: _____

I agree to comply with the card holder agreement