

FACULTY

Scott D. Gould, OTR, CHT, CKTP is an experienced Hand Therapist who currently practices at the Indiana Hand to Shoulder Center (formerly the Indiana Hand Center) in Indianapolis, IN. Scott's areas of expertise include post-operative acute trauma, staged reconstruction, splinting and upper extremity rehabilitation. He is a mentor and clinical instructor for Occupational Therapists and students interested in pursuing the specialization of hand therapy. He continues to teach and has been an invited speaker on upper extremity rehabilitation at numerous local and national meetings.

EDUCATIONAL CREDIT

A certificate of attendance for 15 Contact Hours will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for PT, OT, AT and Assistants.

Therapy Network, Inc. (BOC AP#: P2563) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 15 Category A Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

AOTA Approved Provider of Continuing Education # 3073
The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



2022 LOCATIONS & DATES

April 9/10 **Kansas City, MO**
Lee's Summit Medical Center

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

AUDIENCE

This is an **intermediate level** workshop designed for OTs, OTAs, PTs, PTAs, and ATs.

NOTE: *Nothing in this course is to enable or permit the learner to apply techniques outside of the scope of practice in their individual state and discipline.*

CANCELLATION POLICY

POLICY: Registration fee less a \$75 administrative charge is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is NOT liable for registrants non-refundable airfare, accommodations or fees.

THE HAND, WRIST & ELBOW COMPLEX

EVALUATION & TREATMENT

FACULTY

SCOTT D. GOULD
OTR/L, CHT, CKTP



THE THERAPY NETWORK SEMINARS

www.TNSeminars.com

OBJECTIVES

Demonstrate a working understanding of the biomechanical systems of the elbow, wrist and hand and relate this information to functional impairments.

Demonstrate an appropriate physical examination of the elbow and wrist.

Identify sound biologically based treatment plans for osseous and soft tissue pathologies.

Identify appropriate splints and positioning devices to improve upper extremity performance.

Identify psychosocial assessment techniques and motivational techniques designed to improve client compliance with therapy prescription.

DESCRIPTION

This two-day seminar will present a comprehensive overview of the structural and biomechanical basis of hand, wrist & elbow function and their relationship to the entire upper extremity. This unique approach thoroughly examines the relationship of these structures to human performance and suggest strategies for functional improvement. Common pathologies, mechanisms of injury, and progressive pre and post-operative treatment involving fractures, RSI/CTDs, tendon/nerve lacerations, arthritis, sprains/strains and dislocations will be covered with strong reference to their impact on function. Course content includes medical screening, differential diagnosis, imaging, functional progression of treatment, splinting/casting, PAMs, pain management and the non-compliant patient. This seminar will **NOT** present a “protocol driven approach” to rehabilitation. Rather, the participant will learn a “framework” for physical examination that will permit rapid synthesis of findings into a “dynamic treatment plan” designed to increase patient satisfaction and outcomes.

PARTICIPANTS COMMENTS

“EXCELLENT!! ...I loved the interactive slides, hands-on labs and down to earth approach and humor. These 2 days flew by. –thank you”

“Excellent presenter who makes an incredible amount of information available and accessible in a concise and non threatening manner. I did not feel overwhelmed at any time.”

“...BEST cont. ed course I’ve been to in 15 years.”

“I really got my monies worth and then some”

“...he really showed the relationship of the joint structures & how they affect evaluations and treatments.”

SCHEDULE

SATURDAY

- 8:00 Registration and Continental Breakfast
8:30 Functional biomechanics of the elbow:
- Osseous and soft tissue considerations
9:15 Osseous Pathologies/Functional considerations:
- The distal humerus fracture, radial head pathology, unique fractures of the elbow:
- Management through exercise and splinting.
10:15 BREAK
10:30 Soft tissue pathologies of the elbow:
- Ligament injuries of the elbow.
- Biceps tendon issues.
- Epicondylitis
11:00 Neurological pathology of the Elbow:
- Reconstruction of the flail elbow.
12:00 LUNCH (ON YOUR OWN)
1:00 Cubital Tunnel Syndrome
General pain syndromes of the elbow
2:45 BREAK
3:00 General pain syndromes of the elbow Cont.
4:00 **Lab 1** - Physical examination of the elbow
5:30 Q/A & Adjourn

SUNDAY

- 8:00 Biomechanical assessment & Functional Anatomy of the Wrist
8:30 Ligament injuries of the wrist
10:30 BREAK
10:45 Osseous injuries & Neurological pathologies of the wrist.
11:30 **Lab 2:** Physical examination of the wrist.
Section A Radial & central wrist examination and mobilization
Section B DRUJ & ulnar wrist examination and mobilization
12:00 LUNCH (ON YOUR OWN)
1:00 The Thumb
1:30 Functional anatomy and biomechanics of the hand
- Osseous pathology of the hand:
- Metacarpal fractures, Phalanx fractures: balancing motion and stability, arthritic issues and hand function:
How we can make a difference in outcome?
2:45 BREAK
3:00 Soft tissue/neurological pathology of the hand:
- Can we really treat Carpal Tunnel Syndrome?
- Clinical tenosynovitis vs RSI: strategies for assessment and management.
4:00 **Lab 3:** Hand examination and mobilization
5:00 Q/A & Adjourn

REGISTRATION

Hand, Wrist & Elbow

Please note the course location you are attending:

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Bring a Buddy Registration: \$445 p/p

(No Deadline) Must be done simultaneously

Early Registration: \$495

Postmarked **30 days** prior to date of course

Late Registration: \$545

Postmarked within 30 days of course date

4 WAYS TO ENROLL

BY MAIL

Mail registration and payment to:

Therapy Network, Inc.
217 Paragon Pkwy, #201
Clyde, NC 28721

BY PHONE

1.828.452.0068

BY FAX

SECURE DIGITAL
928.222.0578
(Credit Cards Only)

ON-LINE

www.TNSeminars.com

Name: _____

OT PT OTA PTA AT

Home Add: _____

City: _____ State: _____

Zip _____

Cell Ph: _____

Email: _____

To Receive your Confirmation

Make check/money order payable to:

Therapy Network, Inc.

Charge my credit card: VISA MC AMEX DISC

CC # _____/_____/_____/_____

Expiration Date: ____/____/____ CV2_____

Signature: _____

I agree to comply with the card holder agreement