

FACULTY

William J. Hanney, *PT, PhD, ATC/L, CSCS, MTC* is a clinician, researcher and educator who currently serves as an instructor at the University of Central Florida School of Physical Therapy where he teaches and conducts clinical research. Additionally, he maintains a clinical practice at Brooks Rehabilitation. Dr. Hanney earned his undergraduate degree from the University of West Florida for studies in Sports Medicine/Athletic Training and his Master and Doctor of Physical Therapy degrees at the University of St. Augustine for Health Sciences. He recently earned his Ph.D. at Nova Southeastern University with research interests in the treatment of cervicogenic pain. His clinical practice focuses on the treatment of orthopedic conditions with a special interest in core stabilization and muscular control. He is an experienced educator, clinician and author having presented/published nationally in the areas of biomechanics, rehabilitation and sports medicine. Dr Hanney maintains involvement in the APTA, the National Strength and Conditioning Association, The American Academy of Orthopedic Manual Physical Therapists and the National Athletic Trainers Association.

ERIC SCHWEITZER, *DPT, OCS, MTC* is a clinician, educator and author and considered one of the leading experts in the treatment and prevention of upper and lower extremity injuries in the country.

Eric is a Board Certified Doctor of Physical Therapy and a certified manual therapist with 18 years experience. He owned a successful orthopedic physical therapy practice for over a decade in Florida before deciding Colorado would be his home.

Dr. Schweitzer was a professor at the University of South Florida, has lectured at several national academic conferences, including the 2017 University of Florida Running Medicine Conference, and has written several textbook chapters on physical therapy related topics. Dr. Schweitzer specializes in sports injuries (especially shoulder, knee and ankle), running injuries, and back and neck pain.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT, AT and Assistants**.

Therapy Network, Inc. (BOC AP#: P2563) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 15 Category A Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

AOTA Approved Provider of Continuing Education # 3073 The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



2021 DATES & LOCATIONS

Aug. 14/15 New York, NY (Garden City)
Metro Physical Therapy

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates.

AUDIENCE

This is an *introductory level* workshop designed for **OTs, OTAs, PTs, PTAs and ATs**.

NOTE: *Nothing in this course is to enable or permit the learner to apply techniques outside of the scope of practice in their individual state and discipline.*

CANCELLATION POLICY

POLICY: Registration fee less a \$75 administrative charge is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNI is NOT responsible for registrants non-refundable airfare, accommodations or fees.

MANUAL THERAPY OF THE UPPER EXTREMITY

JOINT & SOFT TISSUE MOBILIZATION

FACULTY

William J. Hanney
PT, PhD, ATC/L, MTC, CSCS

Eric Schweitzer
DPT, OCS, MTC



THE THERAPY **NETWORK** SEMINARS

www.TNSeminars.com

OBJECTIVES

1. Identify the anatomical and biomechanical foundations for manual therapy in the upper extremity.
2. Perform joint mobilizations to the shoulder girdle, elbow and wrist.
3. Perform soft tissue mobilizations to the shoulder girdle, elbow and wrist.
4. Be able to instruct and perform functional exercises to reinforce applied manual therapy techniques for the shoulder girdle, elbow and wrist.
5. Demonstrate correct grading and oscillation techniques for joint mobilization
6. Identify precautions and contraindications for using manual therapy.

SEMINAR DESCRIPTION

Injuries to the upper extremity cause impairments that often contribute to significant disabilities and functional limitations. Rehabilitation professionals who properly apply manual therapy techniques and exercises are giving their patients the best opportunity to rehabilitate their injuries. This two day course will enable the participant to understand the role of manual therapy in rehabilitation of the upper extremity and apply manual and exercise techniques appropriately. The interaction between the instructor and participant is the foundation for an active learning environment. The course will provide the optimal continuing education experience equipping the participant to apply these techniques immediately when they return to the clinic. Additionally, they will be able to use the anatomical, biomechanical, and neuromuscular basis to further develop their manual therapy skills.

PARTICIPANTS COMMENTS

"My 3rd manual therapy course and finally someone got it right. Great mixture of lecture and lab. Instructor was so approachable and made himself available to everyone. Will highly recommend"

"Demo-Practice, Demo-Practice... hands on was invaluable. Thank you so much for enhancing my practice skills. Awesome"

"Labs were outstanding. Instructor approachable and in touch with class needs and learning styles"

COURSE SCHEDULE

SATURDAY

8:00	Registration and Continental Breakfast
8:30	Evidenced Based Practice Muscular Imbalances and Joint Dysfunction
9:00	Anatomy and Biomechanics of the Shoulder Girdle Video of Shoulder Motion
9:45	LAB: Shoulder Palpation
10:00	BREAK
10:15	Evaluation
10:30	Principles for Manual Therapy: -Shoulder Impairments that may respond to Manual Therapy -Precautions and Contraindications -How to Start and How to Finish -Joint Mobilization -Soft Tissue Mobilization
12:00	LUNCH (on your own)
1:00	LAB: Manual Techniques for the Shoulder Girdle and Related Exercises Glenohumeral Joint AC Joint SC Joint Scapular Thoracic
3:15	BREAK
3:30	LAB: Manual Techniques for Shoulder (cont)
5:00	Clinical Pearls
5:30	Adjourn

SUNDAY

8:00	Soft Tissue Techniques and Exercises for the Shoulder Girdle
10:15	BREAK
10:30	Anatomy and Biomechanics for the Elbow, Wrist and Hand
11:45	LAB: Elbow, Wrist and Hand Palpation
12:00	LUNCH (on your own)
1:00	LAB: Manual Techniques and Exercises for the Elbow and Wrist
3:00	Break
3:15	LAB: Manual Techniques and Exercises for the Hand
4:00	Case Studies
5:00	Adjourn

REGISTRATION

Manual Therapy

Please note the course location you are attending:
* _____

Bring a Buddy Registration: \$445 p/p

(No Deadline) Must be done simultaneously

Early Registration: \$495

Postmarked **30 days** prior to date of course

Late Registration: \$545

Postmarked within 30 days of course date

4 WAYS TO ENROLL

BY MAIL

Mail registration and payment to:
Therapy Network, Inc.
217 Paragon Pkwy, #201
Clyde, NC 28721

BY PHONE

1.828.452.0068

BY FAX

SECURE DIGITAL
928.222.0578
(Credit Cards Only)

ON-LINE

www.TNSeminars.com

Name: _____

PT PTA AT OT OTA

Home Add: _____

City: _____ State: _____

Zip _____

Cell Ph: _____

Email: _____

To Receive your Confirmation
Make check/money order payable to:
Therapy Network, Inc.

Charge my credit card: VISA MC AMEX DISC

CC # _____/_____/_____/_____

Expiration Date: ____/____/____ CV2_____

Signature: _____

I agree to comply with the card holder agreement