

## FACULTY

**R**oger Brown, *OTR/L, CHT, CEAS, MS* is an Occupational Therapist who currently practices in Atlanta, GA. He has treated a variety of injuries involving the shoulder, elbow, wrist and hand to include fractures, tendon and nerve lacerations, rotator cuff repair and frozen shoulders. Roger received his OT training in the United States Army and retired as a Lieutenant Colonel, Army Medical Specialist Corps. Roger is a Certified Ergonomic Assessment Specialist with additional training from the Atlanta Back School. Roger is also trained in WorkSteps and WorkWell Functional Capacity Evaluations. Rogers vision as a Certified Hand Therapist is to be a part of the growth of Hand Therapy both regionally and nationally. He has long been a sought after mentor for therapists who's endeavor is the pursuit of hand therapy certification. He is actively involved in student affiliation programs in the specialty area for Hand Therapy.

**S**cott D. Gould, *OTR, CHT, CKTP* is an experienced Hand Therapists who currently practices at the Indiana Hand to Shoulder Center (formerly the Indiana Hand Center) in Indianapolis, IN. Scott's areas of expertise include post-operative acute trauma, staged reconstruction, splinting and upper extremity rehabilitation. He is a mentor and clinical instructor for Occupational Therapists and students interested in pursuing the specialization of hand therapy. He continues to teach and has been an invited speaker on upper extremity rehabilitation at numerous local and national meetings.

## 2021 DATES & LOCATIONS

- Sept. 18/19** Indianapolis, IN (Avon)  
Indiana Physical Therapy
- Sept. 18/19** OPEN DATE  
Call us to host
- Oct. 9/10** Atlanta, GA (Decatur)  
Emory Decatur Hospital
- Nov. 6/7** OPEN DATE  
Call us to host
- Nov. 13/14** OPEN DATE  
Call us to host

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

## AUDIENCE

This is an *introductory level* workshop designed for **OTs, OTAs, PTs, PTAs and ATs**

## CANCELLATION POLICY

**POLICY:** Registration fee less a \$75 **administrative charge** is refundable if cancellation received **14 days prior to program date. No refunds will be given after that time.** Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is **NOT** liable for registrants non-refundable airfare, accommodations or fees.

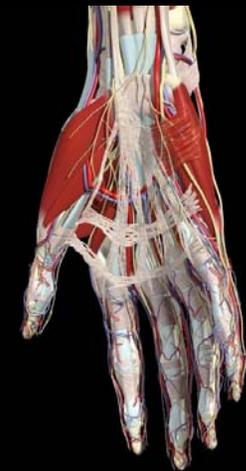
# INTRODUCTION TO HAND THERAPY

## EVALUATION & TREATMENT

### FACULTY

**ROGER BROWN**  
*OTR/L, CHT, CEAS*

**SCOTT D. GOULD**  
*OTR/L, CHT, CKTP*



THErapy **NETWORK** SEMINARS

[www.TNSeminars.com](http://www.TNSeminars.com)

## SEMINAR DESCRIPTION

This is a comprehensive, practical, and non-intimidating program designed for the clinician who is interested in pursuing hand therapy or is new to the field. This course takes an in-depth look at the management of common upper extremity diagnosis integrating anatomy and pathology with the evaluation and treatment process. Topics covered include exercise and activity progression, static and dynamic splinting, soft tissue assessment-treatment, edema management, sensibility, ROM, home program development and proper documentation.

## OBJECTIVES

- 1) Identify the proper procedures for basic upper extremity evaluations including ROM, rapid grip, edema, sensibility, and proper documentation
- 2) Identify signs and symptoms for a variety of diagnoses related to the upper extremity including nerve compression, DeQuervains, Dupuytren's Contracture, Trigger Finger etc
- 3) Identify appropriate static and dynamic splints for the treatment of various upper extremity problems including splint wearing schedule, indications, and contra-indications.
- 4) Select and prioritize treatment options and develop effective home programs to reduce the number of necessary therapy sessions.
- 5) Identify several techniques to assess the "non-compliant patient".
- 6) Identify the "warning signs" of Complex Regional Pain Syndrome (CRPS/RSD) as early interventions may prevent further development of symptoms.

## EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT, AT and Assistants**.

Therapy Network, Inc. (BOC AP#: P2563) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 15 Category A Category hours/CEUs. ATs should claim only those hours actually spent in the educational program.

**AOTA** Approved Provider of Continuing Education # 3073  
The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



## COURSE SCHEDULE

### SATURDAY

- 8:00 Registration and Continental Breakfast  
8:30 Upper Extremity Anatomy: bones, joints, ligaments, tendons and nerves.  
9:00 Upper Extremity Evaluation: ROM, Motor strength, Sensibility, Edema, Patient's history, interview  
10:15 BREAK  
10:30 RSI, Ligament Injuries and Instabilities  
-Carpal Tunnel Syndrome  
-Gamekeeper's Thumb  
-Volar plate injury (PIP joint)  
12:00 LUNCH (On your own)  
1:00 Ligament's Continued  
-Collateral ligament tear  
-Carpal ligament instability & TFCC  
...splinting and rehab program  
2:45 Fracture Management and Rehab  
-Finger (distal, middle & proximal phalanges)  
-Metacarpal, Carpal, & Radius/Ulna  
...splinting, edema mgmt, wound care, precautions, appropriate modalities & strengthening following casting, open reduction, and external fixation techniques.  
3:15 BREAK  
3:30 Fractures Continued  
5:30 Questions and Adjourn

### SUNDAY

- 8:00 Flexor tendon zone repair and rehab  
s/p tenolysis extensor tendon laceration, repair, and rehab  
10:15 BREAK  
10:30 Arthritis:  
-Thumb CMC (pre and post)  
-Rheumatoid Arthritis  
-Flexor tenosynovitis -Extensor tenosynovitis  
-Trigger thumb / finger  
-MP joint arthroplasties (implants)  
12:00 LUNCH (On your own)  
1:00 Epicondylitis  
Dequervains (pre and post)  
Wrist Ganglions  
Dupuytren's Contractures  
2:45 Traumatic injuries and Complications  
-Nerve lacerations (radial, median, ulnar, & digital)  
-Crush Injuries  
3:15 BREAK  
3:30 Traumatic injuries Continued  
-Complex Regional Pain Syndrome \*\*(CRPS/RSD)  
-"The Stiff Hand"  
-Infections  
5:00 Questions and Adjourn

## REGISTRATION

### Hand Therapy

Please note the course location you are attending:  
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**Bring a Buddy Registration: \$445 p/p**  
(No Deadline) Must be done simultaneously  
**Early Registration: \$495**  
Postmarked **30 days** prior to date of course  
**Late Registration: \$545**  
Postmarked within 30 days of course date

## 4 WAYS TO ENROLL

Mail registration and payment to:

**BY MAIL**

**Therapy Network, Inc.**  
217 Paragon Pkwy, #201  
Clyde, NC 28721

**BY PHONE**

**1.828.452.0068**

**BY FAX**

**SECURE DIGITAL**  
**928.222.0578**  
(Credit Cards Only)

**ON-LINE**

**www.TNSeminars.com**

Name: \_\_\_\_\_

OT OTA PT PTA AT

Home Add: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip \_\_\_\_\_

Cell Ph: \_\_\_\_\_

Email: \_\_\_\_\_

**To Receive your Confirmation**  
Make check/money order payable to:  
**Therapy Network, Inc.**

**Charge my credit card: VISA MC AMEX DISC**

CC # \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ CV2.\_\_\_\_

Signature: \_\_\_\_\_

I agree to comply with the card holder agreement