

FACULTY

Paul J. Bonzani, *OTR/L, CHT, M.H.S.*

Clinical Assistant Professor University of New Hampshire Dept. of Occupational Therapy. Throughout his career he has had the fortunate opportunity to work with some of the finest hand surgeons and therapists in the country having held management positions at both The University of Vermont -- Fletcher Allen Medical Center and Duke University Medical Center. Additionally he has been an adjunct instructor in both the Duke University Physical Therapy Program and the Program in Occupational Science at the University of North Carolina-Chapel Hill. Mr. Bonzani brings 25 years of clinical experience in orthopedic and industrial rehabilitation. Paul has presented nationally in the areas of biomechanics and rehabilitation of the shoulder, nerve compression syndromes, RSI/CTD management and pain syndromes. He has published on the subjects of CTD/RSI management, thumb reconstruction and management of the rheumatoid elbow. Clinical specialties include rehabilitation of the elbow and hand, chronic pain syndromes, TOS, nerve compression syndromes and neural tension disorders of the upper limb. Current research interest's include functional outcome measures following fractures and upper quadrant sensory deficits. Paul is a clinician, researcher and educator and considered to be one of the leading hand therapists in the care of shoulder, elbow and hand injuries in North America.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** (17 in WA) will be awarded to each participant.

AOTA Approved Provider of Continuing Education # 3073. *The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA*

BOC - Board of Certification, Inc. Approved Provider # P-2563

2019 LOCATIONS & DATES

- Oct. 19/20** **Oakland, CA**
Alta Bates Hand Therapy
- Nov. 16/17** **Baltimore, MD**
Sinai Hospital

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

AUDIENCE

This is an *intermediate level* workshop designed for OTs, OTAs, PTs, PTAs, and ATs.

NOTE: *Nothing in this course is to enable or permit the learner to apply techniques outside of the scope of practice in their individual state and discipline.*

CANCELLATION POLICY

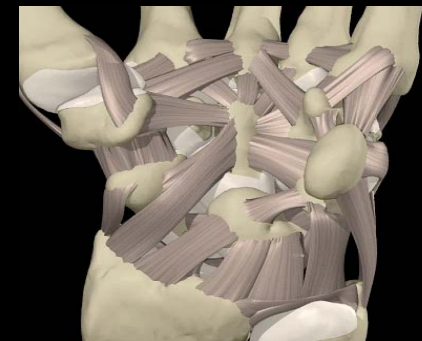
POLICY: Registration fee less a \$75 administrative charge is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is NOT liable for registrants non-refundable airfare, accommodations or fees.

THE HAND, WRIST & ELBOW COMPLEX

EVALUATION & TREATMENT

FACULTY

PAUL J. BONZANI
OTR/L, CHT, MHS



THE THERAPY NETWORK SEMINARS

www.TNSeminars.com



OBJECTIVES

Demonstrate a working understanding of the biomechanical systems of the elbow, wrist and hand and relate this information to functional impairments.

Demonstrate an appropriate physical examination of the elbow and wrist.

Identify sound biologically based treatment plans for osseous and soft tissue pathologies.

Identify appropriate splints and positioning devices to improve upper extremity performance.

Identify psychosocial assessment techniques and motivational techniques designed to improve client compliance with therapy prescription.

DESCRIPTION

This two-day seminar will present a comprehensive overview of the structural and biomechanical basis of hand, wrist & elbow function and their relationship to the entire upper extremity. This unique approach thoroughly examines the relationship of these structures to human performance and suggest strategies for functional improvement. Common pathologies, mechanisms of injury, and progressive pre and post-operative treatment involving fractures, RSI/CTDs, tendon/nerve lacerations, arthritis, sprains/strains and dislocations will be covered with strong reference to their impact on function. Course content includes medical screening, differential diagnosis, imaging, functional progression of treatment, splinting/casting, PAMs, pain management and the non-compliant patient. This seminar will **NOT** present a “**protocol driven approach**” to rehabilitation. Rather, the participant will learn a “**framework**” for physical examination that will permit rapid synthesis of findings into a “dynamic treatment plan” designed to increase patient satisfaction and outcomes.

PARTICIPANTS COMMENTS

“EXCELLENT!! ...I loved the interactive slides, hands-on labs and Paul’s down to earth approach and humor. These 2 days flew by. –thank you”

“Paul is an excellent presenter who makes an incredible amount of information available and accessible in a concise and non threatening manner. I did not feel overwhelmed at any time.”

“...BEST cont. ed course I’ve been to in 15 years.”

“I really got my monies worth and then some”

“...Paul really showed the relationship of the joint strutures & how they affect evaluations and treatments.”

SCHEDULE

SATURDAY

- 8:00 Registration and Continental Breakfast
8:30 Functional biomechanics of the elbow:
- Osseous and soft tissue considerations
9:15 Osseous Pathologies/Functional considerations:
- The distal humerus fracture, radial head pathology, unique fractures of the elbow:
- Management through exercise and splinting.
10:15 BREAK
10:30 Soft tissue pathologies of the elbow:
- Ligament injuries of the elbow.
- Biceps tendon issues.
- Epicondylitis ??
11:00 Neurological pathology of the Elbow:
- Reconstruction of the flail elbow.
12:00 LUNCH (ON YOUR OWN)
1:00 Cubital Tunnel Syndrome
General pain syndromes of the elbow
2:45 BREAK
3:00 General pain syndromes of the elbow Cont.
4:00 **Lab 1** - Physical examination of the elbow
5:30 Q/A & Adjourn

SUNDAY

- 8:00 Biomechanical assessment & Functional Anatomy of the Wrist
8:30 Ligament injuries of the wrist
10:30 BREAK
10:45 Osseous injuries & Neurological pathologies of the wrist.
11:30 **Lab 2:** Physical examination of the wrist.
Section A Radial & central wrist examination and mobilization
Section B DRUJ & ulnar wrist examination and mobilization
12:00 LUNCH (ON YOUR OWN)
1:00 The Thumb
1:30 Functional anatomy and biomechanics of the hand
- Osseous pathology of the hand:
- Metacarpal fractures, Phalanx fractures: balancing motion and stability, arthritic issues and hand function:
How we can make a difference in outcome?
2:45 BREAK
3:00 Soft tissue/neurological pathology of the hand:
- Can we really treat Carpal Tunnel Syndrome?
- Clinical tenosynovitis vs RSI: strategies for assessment and management.
4:00 **Lab 3:** Hand examination and mobilization
5:00 Q/A & Adjourn

REGISTRATION

Hand, Wrist & Elbow

Please note the course location you are attending:

*

Bring a Buddy Registration: \$395 p/p

(No Deadline) Must be done simultaneously

Early Registration: \$445

Postmarked **30 days** prior to date of course

Late Registration: \$495

Postmarked within 30 days of course date

4 WAYS TO ENROLL

BY MAIL

Mail registration and payment to:

Therapy Network, Inc.
217 Paragon Pkwy, #201
Clyde, NC 28721

BY PHONE

1.800.785.1855

BY FAX

SECURE DIGITAL
928.222.0578
(Credit Cards Only)

ON-LINE

www.TNSeminars.com

Name: _____

OT PT OTA PTA AT CSCS

Home Add: _____

City: _____ State: _____

Zip _____

Cell Ph: _____

Email: _____

To Receive your Confirmation

Make check/money order payable to:

Therapy Network, Inc.

Charge my credit card: VISA MC AMEX DISC

CC # _____/_____/_____/_____

Expiration Date: ____/____/____ CV2_____

Signature: _____

I agree to comply with the card holder agreement