

FACULTY

Paul J. Bonzani, *OTR/L, CHT, M.H.S.*

Clinical Assistant Professor University of New Hampshire Dept. of Occupational Therapy. Throughout his career he has had the fortunate opportunity to work with some of the finest hand surgeons and therapists in the country having held management positions at both The University of Vermont -- Fletcher Allen Medical Center and Duke University Medical Center. Additionally he has been an adjunct instructor in both the Duke University Physical Therapy Program and the Program in Occupational Science at the University of North Carolina-Chapel Hill. Mr. Bonzani brings 25 years of clinical experience in orthopedic and industrial rehabilitation. Paul has presented nationally in the areas of biomechanics and rehabilitation of the shoulder, nerve compression syndromes, RSI/CTD management and pain syndromes. He has published on the subjects of CTD/RSI management, thumb reconstruction and management of the rheumatoid elbow. Clinical specialties include rehabilitation of the elbow and hand, chronic pain syndromes, TOS, nerve compression syndromes and neural tension disorders of the upper limb. Current research interest's include functional outcome measures following fractures and upper quadrant sensate deficits. Paul is a clinician, researcher and educator and considered to be one of the leading hand therapists in the care of shoulder, elbow and hand injuries in North America.

Roger Brown, *OTR/L, CHT, CEAS, MS* is an Occupational Therapist who currently practices in Atlanta, GA.

He has treated a variety of injuries involving the shoulder, elbow, wrist and hand to include fractures, tendon and nerve lacerations, rotator cuff repair and frozen shoulders. Roger received his OT training in the United States Army and retired as a Lieutenant Colonel, Army Medical Specialist Corps. He received his Masters Degree in Health Education in Occupational Therapy from Medical College of Georgia, Augusta, GA in 1991; Masters Degree in Adult Education from Georgia Southern University, Statesboro, GA in 1983, and his Bachelors in Occupational Therapy from East Carolina University, Greenville, NC in 1977.

Roger is a Certified Ergonomic Assessment Specialist with additional training from the Atlanta Back School. Roger is also trained in WorkSteps and WorkWell Functional Capacity Evaluations. Rogers vision as a Certified Hand Therapist is to be a part of the growth of Hand Therapy both regionally and nationally. He has long been a sought after mentor for therapists who's endeavor is the pursuit of hand therapy certification. He is actively involved in student affiliation programs in the specialty area for Hand Therapy.

2019 DATES & LOCATIONS

June 22/23 Atlanta, GA (Decatur)
Emory Decatur Hospital

Aug. 17/18 New York, NY - Garden City
Metro Physical Therapy

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

AUDIENCE

This is an *introductory level* workshop designed for **OTs, OTAs, PTs, PTAs and ATs**

CANCELLATION POLICY

POLICY: Registration fee less a **\$75 administrative charge** is refundable if cancellation received **14 days prior to program date. No refunds will be given after that time.** Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is **NOT** liable for registrants non-refundable airfare, accommodations or fees.

INTRODUCTION TO HAND THERAPY

EVALUATION & TREATMENT

FACULTY

PAUL J. BONZANI
OTR/L, CHT, MHS

ROGER BROWN
OTR/L, CHT, CEAS



THERAPY NETWORK SEMINARS

www.TNSeminars.com

SEMINAR DESCRIPTION

This is a comprehensive, practical, and non-intimidating program designed for the clinician who is interested in pursuing hand therapy or is new to the field. This course takes an in-depth look at the management of common upper extremity diagnosis integrating anatomy and pathology with the evaluation and treatment process. Topics covered include exercise and activity progression, static and dynamic splinting, soft tissue assessment-treatment, edema management, sensibility, ROM, home program development and proper documentation.

OBJECTIVES

- 1) Identify the proper procedures for basic upper extremity evaluations including ROM, rapid grip, edema, sensibility, and proper documentation
- 2) Identify signs and symptoms for a variety of diagnoses related to the upper extremity including nerve compression, DeQuervains, Dupuytren's Contracture, Trigger Finger etc
- 3) Identify appropriate static and dynamic splints for the treatment of various upper extremity problems including splint wearing schedule, indications, and contra-indications.
- 4) Select and prioritize treatment options and develop effective home programs to reduce the number of necessary therapy sessions.
- 5) Identify several techniques to assess the "non-compliant patient".
- 6) Identify the "warning signs" of Complex Regional Pain Syndrome (CRPS/RSD) as early interventions may prevent further development of symptoms.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT ATs & Assistants.**

CA Board of OT Advanced Practice Approved
BOC Board of Certification, Inc. Approved Provider
P-2563

AOTA Approved Provider of Continuing Education # 3073

The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



COURSE SCHEDULE

SATURDAY

- 8:00 Registration and Continental Breakfast
8:30 Upper Extremity Anatomy: bones, joints, ligaments, tendons and nerves.
9:00 Upper Extremity Evaluation: ROM, Motor strength, Sensibility, Edema, Patient's history, interview
10:15 BREAK
10:30 RSI, Ligament Injuries and Instabilities
-Carpal Tunnel Syndrome
-Gamekeeper's Thumb
-Volar plate injury (PIP joint)
12:00 LUNCH (On your own)
1:00 Ligament's Continued
-Collateral ligament tear
-Carpal ligament instability & TFCC
...splinting and rehab program
2:45 Fracture Management and Rehab
-Finger (distal, middle & proximal phalanges)
-Metacarpal, Carpal, & Radius/Ulna
...splinting, edema mgmt, wound care, precautions, appropriate modalities & strengthening following casting, open reduction, and external fixation techniques.
3:15 BREAK
3:30 Fractures Continued
5:30 Questions and Adjourn

SUNDAY

- 8:00 Flexor tendon zone repair and rehab s/p tenolysis extensor tendon laceration, repair, and rehab
10:15 BREAK
10:30 Arthritis:
-Thumb CMC (pre and post)
-Rheumatoid Arthritis
-Flexor tenosynovitis -Extensor tenosynovitis
-Trigger thumb / finger
-MP joint arthroplasties (implants)
12:00 LUNCH (On your own)
1:00 Epicondylitis
Dequervains (pre and post)
Wrist Ganglions
Dupuytren's Contractures
2:45 Traumatic injuries and Complications
-Nerve lacerations (radial, median, ulnar, & digital)
-Crush Injuries
3:15 BREAK
3:30 Traumatic injuries Continued
-Complex Regional Pain Syndrome **(CRPS/RSD)
-"The Stiff Hand"
-Infections
5:00 Questions and Adjourn

REGISTRATION

Hand Therapy

Please note the course location you are attending:

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Bring a Buddy Registration: \$395 p/p

(No Deadline) Must be done simultaneously

Early Registration: \$445

Postmarked **30 days** prior to date of course

Late Registration: \$495

Postmarked within 30 days of course date

4 WAYS TO ENROLL

BY MAIL

Mail registration and payment to:

Therapy Network, Inc.
217 Paragon Pkwy, #201
Clyde, NC 28721

BY PHONE

1.800.785.1855

BY FAX

SECURE DIGITAL

928.222.0578

(Credit Cards Only)

ON-LINE

www.TNSeminars.com

Name: _____

OT OTA PT PTA AT

Home Add: _____

City: _____ State: _____

Zip _____

Cell Ph: _____

Email: _____

To Receive your Confirmation

Make check/money order payable to:

Therapy Network, Inc.

Charge my credit card: VISA MC AMEX DISC

CC # _____/_____/_____/_____

Expiration Date: ____/____/____ CV2.____

Signature: _____

I agree to comply with the card holder agreement