

## FACULTY

**Lori A. Schrodt, PT, M.S., PhD**, is a Professor in the Department of Physical Therapy at Western Carolina University (WCU) where she teaches geriatric and neuromuscular physical therapy content. Additionally she is lead physical therapist of the WCU Balance and Fall Prevention Clinic. Lori brings 25 years of clinical experience having earned a BS in Physical Therapy from Ithaca College and her MS and PhD in Human Movement Science from the University of North Carolina at Chapel Hill. She also completed a doctoral fellowship through the UNC Institute on Aging. The focus of her clinical practice and research interests involve both neurological disorders and community-based balance and fall prevention programs and issues related to healthy aging. She also serves as a content expert for several regional and statewide fall risk screening and prevention programs. Lori is a member of the North Carolina Fall Prevention Coalition, the Western North Carolina Fall Prevention Coalition, the Academies of Geriatric and Neurologic Physical Therapy of the APTA, and currently serves as Chair of the Health Promotion and Wellness SIG of the Academy of Geriatric Physical Therapy. She was the recipient of the North Carolina Physical Therapy Association– 2012 Excellence in Clinical Practice Award and is a current Parkinson’s Foundation Physical Therapy Faculty Scholar. She is a clinician, researcher and educator, and considered to be one of the leading therapists in the fields of balance and fall prevention in the United States.

## EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT, AT and Assistants**.

**BOC** Board of Certification, Inc. Approved Provider # P-2563

**AOTA** Approved Provider of Continuing Education # 3073  
The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



## 2019 LOCATIONS & DATES

**Aug. 10/11 Boston, MA (South Weymouth)**  
South Shore Hospital

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

## AUDIENCE

This is an introductory level course designed for Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Occupational Therapy Assistants and Certified Athletic Trainers.

## PARTICIPANTS COMMENTS

“Very good instructor! Very knowledgeable / apparent that she enjoys her work”

“Great course. I can use this information for several pt populations”

“Offered techniques I can use day one (tomorrow) in the clinic”

“Dr. Schrodt was very knowledgeable and kept my attention. Well presented and informative.

## CANCELLATION POLICY

**POLICY:** Registration fee less a **\$75 administrative charge** is refundable if cancellation received **14 days prior to program date. No refunds will be given after that time.** Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is NOT liable for registrants non-refundable airfare, accommodations or fees.

# BUILDING BETTER BALANCE AND PREVENTING FALLS

EVALUATION & TREATMENT

FACULTY

**LORI A. SCHRODT**

*PT, M.S., PhD*



THE THERAPY NETWORK SEMINARS

[www.TNSeminars.com](http://www.TNSeminars.com)

## DESCRIPTION

This two-day course provides participants with skills and strategies to address the complex problems of balance dysfunction and falls in geriatric and neurologic clients. Participants will further develop their skills in identifying individuals at risk for falls and using clinical examination to identify key components causing balance dysfunction and develop interventions. Utilization of functional outcome measures as a tool for creating effective balance and fall prevention programs will be emphasized. Evidence-based treatment strategies provide participants with a variety of skills to address different aspects of balance dysfunction across functional levels. Assessment procedures and treatment techniques will be demonstrated and reinforced with hands on practice time and case studies to allow for integration of the material.

## OBJECTIVES

**Upon the conclusion of this course, the participant will:**

Identify factors that contribute to balance dysfunction and falls

Use comprehensive examination strategies to assess the multiple dimensions of balance, mobility, and fall risk

Identify appropriate standardized balance, mobility and fall risk assessment tools based on client functional level

Identify effective interventions to improve balance and mobility and reduce fall risk

Develop a comprehensive balance training and fall risk reduction program for clients with balance dysfunction

## SCHEDULE

### SATURDAY

8:00	Registration & Continental Breakfast
8:30	Balance Dysfunction and Falls Identifying Risk Factors
9:30	Clinical Practice Guidelines, Professional Guidance Statements and Initiatives
10:00	BREAK
10:15	Screening & Assessment Clinical Practice Guidelines Toolkits and Resources for Easy Implementation
11:15	Multi-factorial Assessment for Guiding Treatment
12:00	LUNCH - ON YOUR OWN
1:00	Special Considerations for Common Neurologic Conditions
1:30	Using the Examination to Guide Intervention and Progression
2:00	Sitting Balance: Examination and Treatment Strategies <b>Demonstration and Lab</b>
3:00	BREAK
3:15	Balance During Transitions and Basic Mobility: Functional Assessment Measures and Treatment Strategies <b>Demonstration and Lab</b>
4:15	Sensory Balance: Examination and Treatment Strategies <b>Demonstration and Lab</b>
5:30	Questions & Answers, Adjourn

### SUNDAY

7:45	Continental Breakfast
8:00	Progressive Standing Stability and Mobility: Functional Assessment Measures
9:45	BREAK
10:00	Progressive Standing Stability and Mobility: Functional Assessment Measures (con't) <b>Lab</b>
11:30	Progressive Standing Stability and Mobility: Treatment Strategies <b>Demonstration and Lab</b>
12:00	LUNCH - ON YOUR OWN
1:00	Progressive Standing Stability and Mobility: Treatment Strategies (con't) <b>Demonstration and Lab</b>
2:30	Stepping and Reactive Balance Strategy Training <b>Demonstration and Lab</b>
3:00	BREAK
3:15	Interdisciplinary Fall Prevention Interventions: Clinical Practice Guidelines and Best Practice
3:45	Integrating Clinical and Community-Based Services to Improve Balance and Prevent Falls
5:00	Questions & Answers, Adjourn

## REGISTRATION

### Balance and Falls

Please note the course location you are attending:

**Bring a Buddy Registration: \$395 p/p**

(No Deadline) Must be done simultaneously

**Early Registration: \$445**

Postmarked 30 days prior to date of course

**Late Registration: \$495**

Postmarked within 30 days of course date

### 4 WAYS TO ENROLL

Mail registration and payment to:

**BY MAIL**

**Therapy Network, Inc.**  
217 Paragon Pkwy, #201  
Clyde, NC 28721

**BY PHONE**

**1.800.785.1855**

**BY FAX**

**SECURE DIGITAL**  
**928.222.0578**  
(Credit Cards Only)

**ON-LINE**

**www.TNSeminars.com**

Name: \_\_\_\_\_

PT PTA AT OT OTA

Home Add: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip \_\_\_\_\_

Cell Ph: \_\_\_\_\_

Email: \_\_\_\_\_

**To Receive your Confirmation**

Make check/money order payable to:

**Therapy Network, Inc.**

**Charge my credit card: VISA MC AMEX DISC**

CC # \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ CV2 \_\_\_\_\_

Signature: \_\_\_\_\_

I agree to comply with the card holder agreement